

Sunflower Field

ANDOVER FABRICS



100
years



Morning Sunshine Quilt designed by: **Heidi Pridemore**

Runner Size: **54" x 22"** • Place Mat Size: **17" x 14"**

Skill Level: **Advanced Beginner** • andoverfabrics.com

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Morning Sunflower



Featuring Andover Fabrics new Collection: Sunflower Field

Quilt designed by Heidi Pridemore of The Whimsical Workshop

Runner finished 54" x 22"

Place Mat finished 17" x 14"

Cutting Directions

Note: Read assembly directions before cutting patches. Borders are cut to exact length required plus 1/4" seam allowance. WOF designates the width of fabric from selvedge to selvedge (approximately 42" wide).

Runner

- Fabric A** Cut (1) 8 1/2" x WOF strip. Sub-cut the strip into (3) 8 1/2" squares.
- Fabric B** Cut (2) 4 1/2" x WOF strips. Sub-cut the strips into (12) 4 1/2" squares.
- Fabric C** Cut (2) 2 1/2" x WOF strips. Sub-cut the strips into (24) 2 1/2" squares.
- Fabric D** Cut (3) 2 1/2" x WOF strips. Sub-cut the strips into (24) 2 1/2" x 4 1/2" strips.
- Fabric E** Cut (2) 2 1/2" x WOF strips. Sub-cut the strips into (32) 2 1/2" squares.
- Fabric F** Cut (1) 4 1/2" x WOF strip. Sub-cut the strip into (4) 4 1/2" squares.
Cut (1) 2 1/2" x WOF strip. Sub-cut the strip into (12) 2 1/2" squares.
- Fabric G** Cut (1) 4 1/2" x WOF strip. Sub-cut the strip into (2) 4 1/2" squares.
- Fabric H** Cut (3) 1 1/2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 1 1/2" x 46 1/2" strips.
Cut (1) 1 1/2" x WOF strip. Sub-cut the strip into (2) 1 1/2" x 12 1/2" strips.
- Fabric I** Cut (3) 4 1/2" x WOF strips. Sew the strips together end to end with diagonal seams and cut (2) 4 1/2" x 54 1/2" strips.
Cut (1) 4 1/2" x WOF strip. Sub-cut the strip into (2) 4 1/2" x 14 1/2" strips.

Fabric Requirements

Runner		Yardage	Fabric
Fabric A	blocks	1/3 yard	9788-L
Fabric B	blocks	1/3 yard	9791-G
Fabric C	blocks	1/4 yard	9791-O
Fabric D	blocks	1/3 yard	9790-K
Fabric E	blocks	1/4 yard	9789-R
Fabric F	blocks	1/3 yard	9790-L
Fabric G	blocks	1/4 yard	9789-K
Fabric H	borders	1/4 yard	9792-G
Fabric I	borders	2/3 yard	9788-K
Binding		3/8 yard	9792-R
Backing		1 7/8 yards	9792-R

Place Mats (makes 4)		Yardage	Fabric
Fabric A	center	1/2 yard	9788-L
Fabric B	borders	1/3 yard	9792-G
Fabric C	corners	1/8 yard	9791-O
Fabric D	corners, binding	3/4 yard	9792-R
Fabric E	Borders	1/2 yard	9789-K
Backing		1 1/4 yards	9792-G

- Fabric J** Cut (4) 2 1/2" x WOF strips for the binding.
- Backing** Cut (1) 62" x 30" WOF strip for the backing.

Place Mats

- Fabric A** Cut (1) 12 1/2" x WOF strip. Sub-cut the strip into (4) 12 1/2" x 9 1/2" strips.
- Fabric B** Cut (3) 1 1/2" x WOF strips. Sub-cut the strips into (8) 1 1/2" x 12 1/2" strips.
Cut (2) 1 1/2" x WOF strips. Sub-cut the strips into (8) 1 1/2" x 9 1/2" strips.
- Fabric C** Cut (1) 1 1/2" x WOF strip. Sub-cut the strip into (8) 1 1/2" squares.
- Fabric D** Cut (1) 1 1/2" x WOF strip. Sub-cut the strip into (8) 1 1/2" squares.
Cut (8) 2 1/2" x WOF strips for the binding.
- Fabric E** Cut (4) 2" x WOF strips. Sub-cut the strips into (8) 2" x 17 1/2" strips.
Cut (3) 2" x WOF strips. Sub-cut the strips into (8) 2" x 11 1/2" strips.

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Cutting Directions - Continued

Backing Cut (2) 18" x WOF strips. Sub-cut the strips into (4) 18" x 21" rectangles for the backings.

Making the Runner

1. Runner Block Assembly

Pay attention to the orientation of the units while assembling the various components.

Place (1) 4 1/2" Fabric B square on the top left corner of (1) 8 1/2" Fabric A square, right sides together (Diagram 1). Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Diagram 1). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam (Diagram 2).

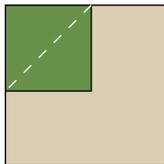


Diagram 1

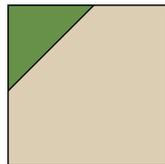


Diagram 2

2. Follow Diagram 3 for the seam direction to add a 4 1/2" Fabric B square to each of the remaining corners of the 8 1/2" Fabric A square to make (1) Unit 1 square (Diagram 4).

3. Repeat Steps 1-2 to make (3) Unit 1 squares total.

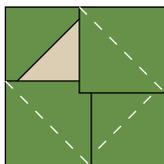


Diagram 3

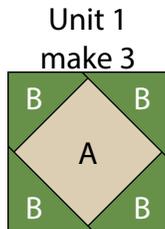


Diagram 4

4. Place (1) 2 1/2" Fabric E square on the left side of (1) 2 1/2" x 4 1/2" Fabric D strip, right sides together (Diagram 5). Sew across the diagonal of the square from the upper right corner to the lower left corner (Diagram 5). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance (Diagram 6).



Diagram 5

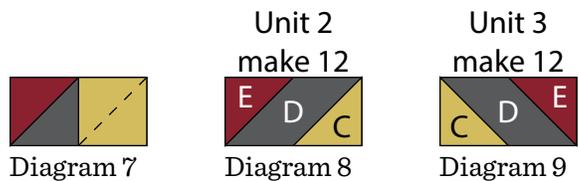


Diagram 6

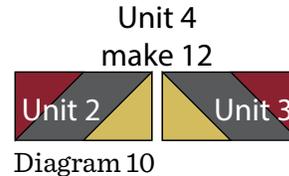
5. Place (1) 2 1/2" Fabric C square on the right side of the 2 1/2" x 4 1/2" Fabric D strip, right sides together (Diagram 7). Sew across the diagonal of the square from the upper right corner to the lower left corner (Diagram 7). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance to make (1) Unit 2 strip (Diagram 8).

6. Repeat Steps 4-5 to make (12) Unit 2 strips total.

7. Repeat Steps 4-5 and refer to Diagram 9 for fabric identification, placement and seam direction to make (12) Unit 3 strips.



8. Sew (1) Unit 2 strip to the left end of (1) Unit 3 strip along the Fabric C ends to make (1) Unit 4 strip (Diagram 10). Repeat to make (12) Unit 4 strips total.



9. Place (1) 2 1/2" Fabric E square on the bottom left corner of (1) 4 1/2" Fabric F square, right sides together (Diagram 11). Sew across the diagonal of the smaller square from the upper left corner to the lower right corner (Diagram 11). Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle 1/4" away from the sewn seam (Diagram 12).

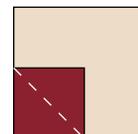


Diagram 11

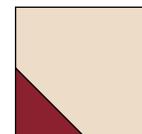


Diagram 12

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10. Follow Diagram 13 for the seam direction to add a 2 1/2" Fabric E square to the lower right corner of the 4 1/2" Fabric F square to make (1) Unit 5 square (Diagram 14).



Diagram 13

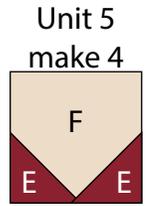


Diagram 14

11. Repeat Steps 9-10 to make (4) Unit 5 squares total.

12. Sew (1) 2 1/2" Fabric F square to each end of (1) Unit 4 strip to make the top row. Repeat to make the bottom row. Sew (1) Unit 4 strip to each side of (1) Unit 1 square to make the middle row. Sew the (3) rows together lengthwise to make (1) 12 1/2" Block One square (Diagram 15). Repeat to make (3) Block One squares total.

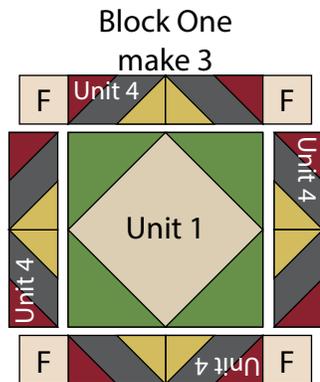


Diagram 15

13. Sew (1) Unit 5 square to the top and to the bottom of (1) 4 1/2" Fabric G square to make (1) Block Two strip (Diagram 16). Repeat to make a second Block Two strip.

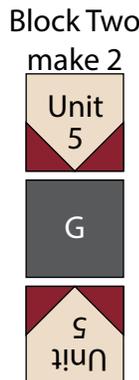


Diagram 16

Runner Top Assembly

(Refer to the Runner Layout on Page 5 when assembling the runner top.)

14. Sew together the (3) Block One squares and (2) Block Two strips, lengthwise and alternating them from left to right, to make the Center Block (Diagram 17).

15. Sew (1) 1 1/2" x 12 1/2" Fabric H strip to each end of the Center Block. Sew (1) 1 1/2" x 46 1/2" Fabric H strip to the top and to the bottom of the Center Block (Diagram 17).

16. Sew (1) 4 1/2" x 14 1/2" Fabric I strip to each end of the Center Block. Sew (1) 4 1/2" x 54 1/2" Fabric I strip to the top and to the bottom of the Center Block to make the runner top (Diagram 17).

Finishing the Runner

17. Layer and quilt as desired.

18. Sew the (4) Fabric J binding strips together, end to end with a 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.

19. Bind as desired.

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Runner Layout

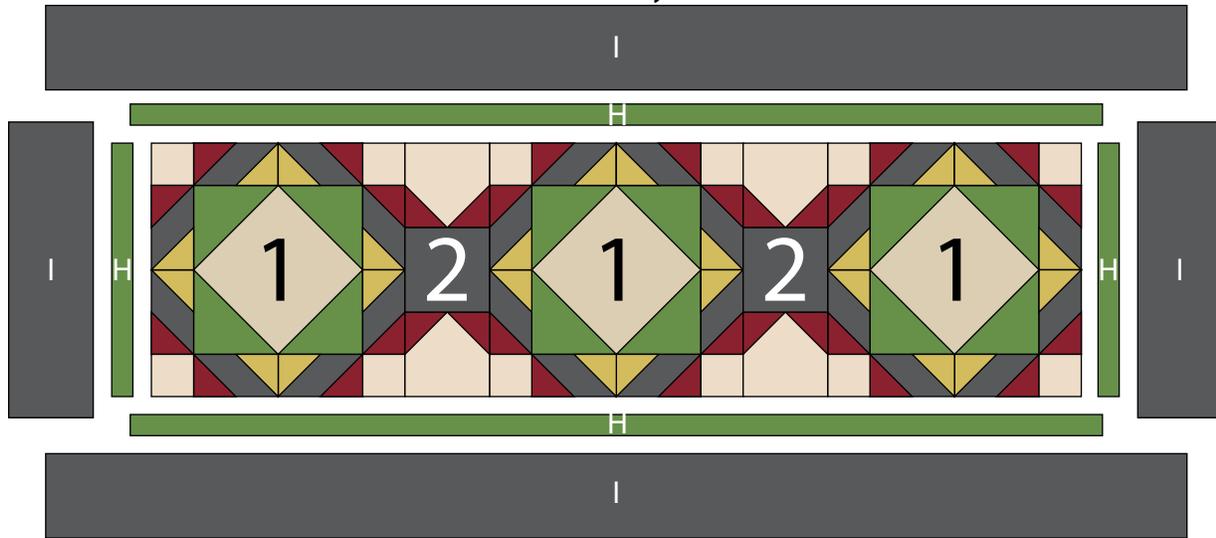


Diagram 17

Making the Place Mats

20. Place Mat Block Assembly

Sew (1) $1\frac{1}{2}$ " x $9\frac{1}{2}$ " Fabric B strip to each side of (1) $12\frac{1}{2}$ " x $9\frac{1}{2}$ " Fabric A rectangle (Diagram 18).

21. Sew together (1) $1\frac{1}{2}$ " Fabric C square, (1) $1\frac{1}{2}$ " x $12\frac{1}{2}$ " Fabric B strip and (1) $1\frac{1}{2}$ " Fabric D square, in that order from, left to right. Sew the newly sewn strip to the top of the Fabric A rectangle (Diagram 18).

22. Sew together (1) $1\frac{1}{2}$ " Fabric D square, (1) $1\frac{1}{2}$ " x $12\frac{1}{2}$ " Fabric B strip and (1) $1\frac{1}{2}$ " Fabric C square, in that order from left to right. Sew the newly sewn strip to the bottom of the Fabric A rectangle to make (1) Unit 6 rectangle (Diagram 18).

23. Repeat Steps 20-22 to make (4) Unit 6 rectangles total.

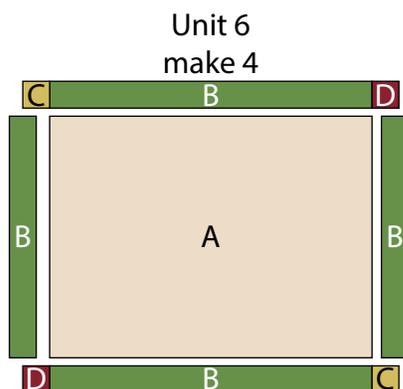


Diagram 18

Place Mat Top Assembly

(Refer to the Place Mat Layout in Figure 19 when assembling the place mat tops.)

24. Sew (1) 2 " x $11\frac{1}{2}$ " Fabric E strip to each side of (1) Unit 6 rectangle. Sew (1) 2 " x $17\frac{1}{2}$ " Fabric E strip to the top and to the bottom of the Unit 6 rectangle to make (1) Place Mat top (Diagram 19). Repeat to make (4) Place Mat tops total.

Finishing the Place Mats

25. Layer and quilt as desired.

26. Sew the (8) Fabric D binding strips together, end to end with a 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press. Cut the strip into (4) equal strips for the bindings.

27. Bind as desired.

Place Mat Layout

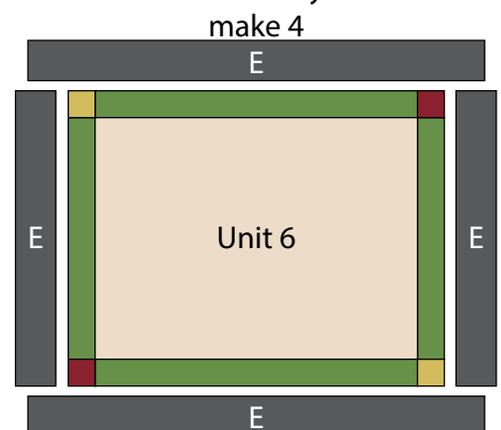


Diagram 19

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9788-K $\frac{2}{3}$ yd



9788-L $\frac{7}{8}$ yd



9788-R



9789-K $\frac{3}{4}$ yd



9789-L



9789-R $\frac{1}{4}$ yd



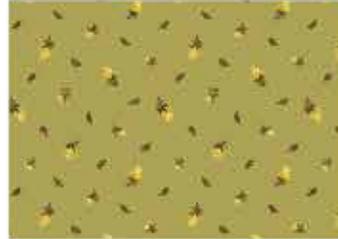
9790-K $\frac{1}{3}$ yd



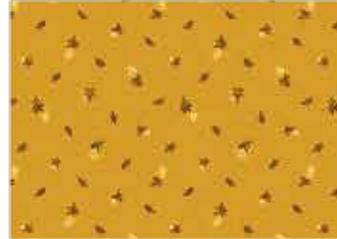
9790-L $\frac{1}{3}$ yd



9790-R



9791-G $\frac{1}{3}$ yd



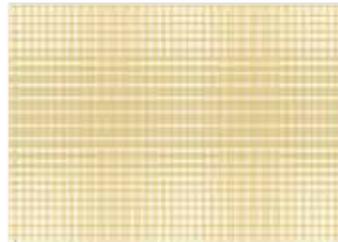
9791-O $\frac{3}{8}$ yd



9791-Y



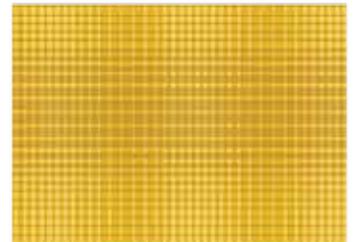
9792-G $1 \frac{7}{8}$ yds
(includes backing for place mats)



9792-L



9792-R 3 yds
(includes binding for both projects)
(includes backing for runner)



9792-Y

About Our Fabrics

A recognized leader in the quilting industry, Andover Fabrics features designs by a wide variety of talented artists and licenses, including Downton Abbey and Eric Carle's Very Hungry Caterpillar. Catering to the tastes of creative and dedicated quilters, Andover has a style for everyone — authentic reproductions, romantic florals, modern and more.

Fabrics shown are 25% of actual size.

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